

## Family, Work & Well-being

### Abstract:

This module focuses on the inter-relations between work, family and well-being. It deals with the implications for personal well-being of changes in the nature of work and in the nature of family and household structures. As far as working life is concerned, these changes include an increase in atypical work and a general, if gradual, up-skilling of jobs. In the realm of the family, there has been an increase in the numbers of single-person households as well as of dual-earner families, alongside increased family dissolution. Everyday experiences of combining work and family obligations are crucial for life satisfaction and psychological well-being of European citizens. Many of those in work are torn between time stress on the one hand and economic security and self-fulfilment on the other; children's quality of life may be both negatively and positively affected by parents' work-and-family relations, and one spouse's well-being is almost certainly dependent on the other spouse's gainful employment and contribution to household chores. Exploring these relations in a comparative perspective should add not only to a general understanding of sources of satisfaction and psychological strain among European populations, but also to the role of national welfare regimes in this process. Hence, the aim of the module is to provide insights into current issues of work, family and well-being and into the interactions between them.

### Team:

- Robert Erikson, SOFI, Stockholm University, Sweden
- Josef Brüderl, MZES, University of Mannheim, Germany
- Duncan Gallie, Nuffield College, Oxford, UK
- Helen Russell, ESRI, Dublin, Ireland
- Louis-André Vallet, LASMAS, Paris, France
- Jan O. Jonsson, SOFI, Stockholm University, Sweden (coordinator)